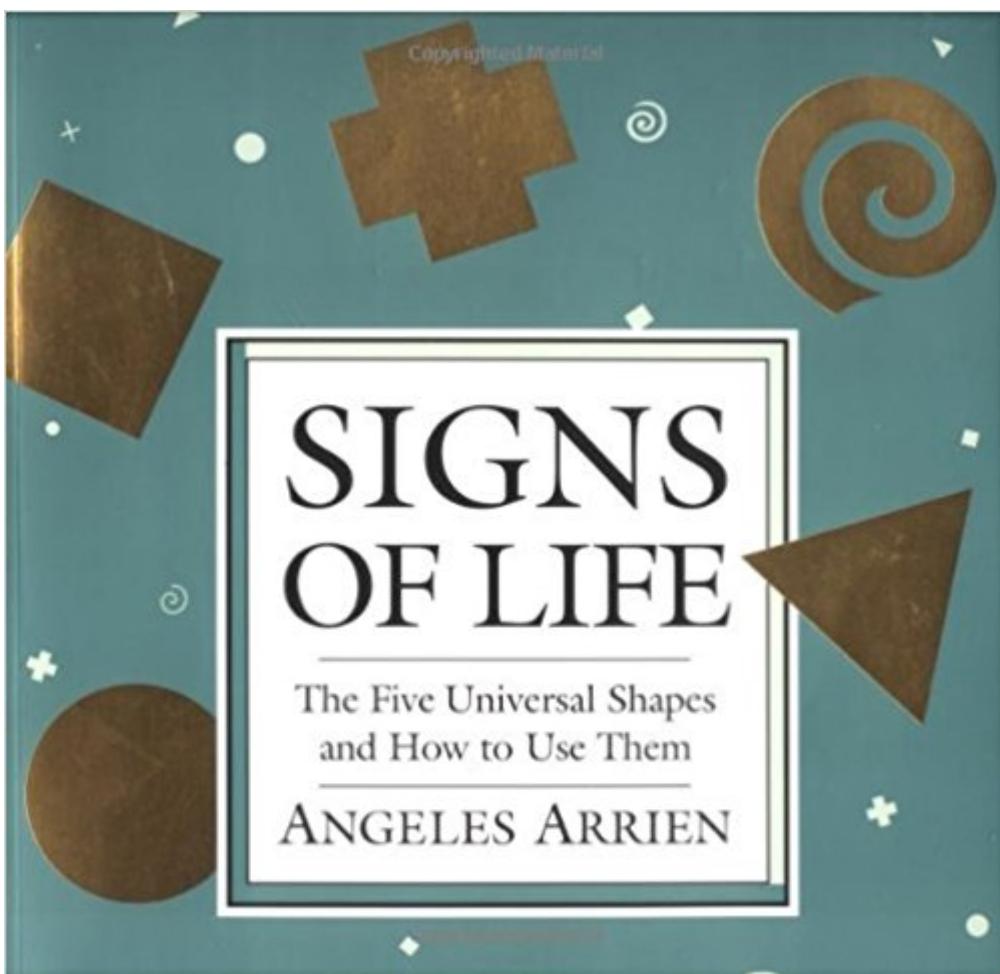


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Signs Of Life: The Five Universal Shapes And How To Use Them



Synopsis

"The soul never thinks without an image," claimed Aristotle. Indeed, as Angeles Arrien displays in this reissued edition of *Signs of Life*, shapes have significant psychological and mythological meanings embedded in our minds. Understanding the messages they convey and our attraction to them opens up a door to the secret workings of our inner selves and to a fuller appreciation of the art itself. As in her widely popular *The Tarot Handbook*, Arrien applies her background as a cultural anthropologist to the import human beings attribute to shapes. Examining her results, she has developed an effective tool to determine the connection between a person's preferences for certain shapes and the same person's inner, subjective states. In the course of using Arrien's book, individuals, parents, teachers, and therapists will experience the universal processes of growth embodied in images and myths. Life, we discover, is art, and through Arrien's fascinating journey in *Signs of Life*, we gain a new perception of the omnipresent patterns and symbols that surround us. Illustrated throughout with drawings and photographs

Book Information

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Customer Reviews

Angeles Arrien is an anthropologist, educator, and award-winning author. She is also a consultant to corporations, organizations, and schools such as the Wharton Business School, Motorola Corporation, Hewlett-Packard Labs, the Fetzer Institute, and the Kellogg Foundation. She lives in San Francisco.

I have always been fascinated by these archetypal symbols and her explanations were illuminating.

The Preferential Shapes Test using the five universal shapes is an effective tool that can be used to determine the connection between a person's preferences for certain shapes and the same person's inner, subjective states. The results were not only clarifying but right on for me personally. I have been a student of her books/CD's and found this as spiritually rewarding as her other teachings. Highly recommended.

I found this book totally fascinating. Angeles Arrien's research in finding that there are five universal shapes that show up in all cultures and that they have similar meanings is a reminder of our connected community. This book has been very insightful to my own artwork and confirms a deeper universal language with the world.

Even though is a short book it is interesting to read and revealing. I didn't know the meaning of the different shapes in the drawings. It makes you understand why these shapes are repeated in different times and cultures. It was a revelation to learn that these shapes also can reveal your personality. I really liked it.

A nice little book with a big message. I'm sure that shapes and symbols are from our past and will continue on through our existence. They are inherent in our DNA. Arrien's interpretations are just as logical as most any common sense definition. I felt a kindred ship with the author in her economy of words.

Great book

The test takes only a couple of minutes, but the information one can get from it is very helpful. I borrowed a friend's copy, then afterwards ordered one for my minister and one for me. It was used as a basis for a meeting of our women's group. Something you can go back to and re-do from time to time. Very clear and easy to do.

Thanks for the wonderful reading.

Lots of research by Angeles--I find the Five Universal Shapes and How to Use Them very interesting and the positions of my shapes seemed very accurate--I also enjoyed the quotes and Art Work.

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